

REFERENCES PAGE

**“Runners’ Brains May Have More Connectivity” Blue, Alexis
2014 University of Communications**

“Nonverbal Communication” Edward G. Werthen Date N/A

**“The Brain- Training Secrets of Olympic Athletes” Gregoire,
Carolyn 2014**

**“Mental Preparation of High Level Athletes” Sukel, Kayt
2012**

**“What it Takes to Be an Olympic Athlete” Murphy, Shane
Date N/A Sport Psychologist**

**“Sport Psychology” An educational website for adults Date
N/A**

**“The Nine Mental Skills of Successful Athletes” Jack J. Lesyk
Ph.D. Date N/A`**

